Who is this guide for?
Understanding Cervical Changes is a health guide for women. It reassures women that most abnormal cervical screening results are not cancer, but rather early cell changes that can be monitored or treated so they don’t cause health problems. It explains next steps after an abnormal Pap or HPV test result. This guide also explains HPV vaccines which protect against HPV infection and the types of cancers and genital warts caused by HPV infection.

What does this guide cover?
- HPV infection (high-risk HPV and low-risk HPV)
- HPV-related cancers
- Cervical cancer screening tests (Pap test, HPV test, and cotesting)
- Cervical cancer screening guidelines
- Pap and HPV test results: ASC-US, AGC, LSIL, ASC-H, HSIL, AIS, and cervical cancer
- Follow-up testing, such as colposcopy and biopsies
- Treatments including cold knife conization, cryotherapy, laser therapy, and LEEP
- HPV vaccines

This guide is designed to be used as a tool in consultation with a woman’s doctor. Each section has quotes from women, links to related resources, medical images, and key questions for a woman to ask her health care provider.

How can I get a copy of this guide?
There are many different formats that you can access via your computer, phone, e-reader, or tablet through our publications page at www.cancer.gov/understanding-cervical-changes. To get information about NCI print files for this booklet, send an email to nciopoetinfo@mail.nih.gov.