

National Cancer Institute
Publications Catalog

and Order Form

Materials From the National Cancer Institute

For Patients, Health Professionals, and the Public

The National Cancer Institute (NCI) is part of the Federal Government. Materials provided by NCI reflect the nation's investment in improving the prevention, detection, diagnosis, and treatment of cancer. The materials described in this catalog are intended to give accurate and timely information to patients and their families; to health care providers and communicators; and to science writers, educators, and the interested public.

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TREATMENT

<u>Title/Description</u>	<u>Inventory Number</u>
Radiation Therapy and You: Support for People With Cancer http://www.cancer.gov/publications/patient-education/radiationtherapy.pdf Provides facts about radiation therapy and side effects and describes how patients can care for themselves during and after treatment. Focuses on how patients can manage their side effects, symptoms to watch out for, and communicating with the health care team. 5/2012 Order Limit: 100	P123
Using the Chemotherapy Side Effects Fact Sheets: Helping Providers Help Their Patients http://www.cancer.gov/publications/patient-education/using.pdf Offers tips to health care providers on how best to use the chemotherapy side effects fact sheets in discussions with patients. Lists the 18 fact sheets in the series and describes how to order them. 8/2008 Order Limit: 100	P171
Using the Radiation Therapy Fact Sheets: Helping Providers Help Their Patients http://www.cancer.gov/publications/patient-education/using-the-radiation-therapy-fact-sheets.pdf Offers advice to health care providers on how to use the radiation therapy side effects fact sheets in discussions with patients. Lists the 11 fact sheets covered in the series and describes how to order them. 4/2007 Order Limit: 100	P098

CLINICAL TRIALS

<u>Title/Description</u>	<u>Inventory Number</u>
Cancer Clinical Trials: A Resource Guide for Outreach, Education, and Advocacy https://accrualnet.cancer.gov/sites/accrualnet.cancer.gov/files/ResourceGuide_Book_m.pdf Helps individuals and organizations find ways to participate and engage their community in clinical trials outreach and education activities. Includes worksheets and a Plan for Action to plan outreach efforts. Also available on the Cancer Clinical Trials Education Series (CTES) CD. 9/2002 Order Limit: 100	P921
Cancer Clinical Trials: The Basic Workbook https://accrualnet.cancer.gov/sites/accrualnet.cancer.gov/files/BasicsWorkbook_m.pdf Features information about different aspects of clinical trials. Self-modulated resource that includes exercises and review questions. For individuals who want to develop a basic understanding of clinical trials. Also available on the Cancer Clinical Trials Education Series (CTES) CD. 9/2002 Order Limit: 100	P919
Cancer Clinical Trials: The In-Depth Program https://accrualnet.cancer.gov/sites/accrualnet.cancer.gov/files/InDepth_Book_m.pdf Provides health care professionals and others with a more in-depth understanding of clinical trials. Also available on the Cancer Clinical Trials Education Series (CTES) CD. 9/2002 Order Limit: 100	P920

CLINICAL TRIALS EDUCATION SERIES

BOOKLETS

Title/Description	Inventory Number
<p>If You Want To Find Ways To Prevent Cancer...Learn About Prevention Clinical Trials http://www.cancer.gov/publications/patient-education/ctes-prevbrochenglishapp1.pdf Explains the basics of cancer prevention trials. Highlights issues to consider before joining a trial, and lists questions to ask a doctor or nurse. The booklet information is also available on the Cancer Clinical Trials Education Series (CTES) CD. 5/2004 Order Limit: 200</p>	P163

DISCUSSION GUIDES

Title/Description	Inventory Number
<p>Clinical Trials Education Series, CD Educates cancer patients, health care professionals, and the general public about cancer clinical trials. Contains resources and slide programs for health care professionals and advocates to use with patients and community groups. 12/2004 Order Limit: 10</p>	Q985

VIDEO/DVD

Title/Description	Inventory Number
<p>Understanding Cancer Clinical Trials, DVD Discusses types of clinical trials, how they are conducted, and factors to think about. Used as a tool for health care professionals when discussing clinical trials with possible participants and their families. 9/2007 Order Limit: 100</p>	Q021

OTHER CLINICAL TRIALS MATERIALS

Title/Description	Inventory Number
<p>Ask Me About Clinical Trials, Poster Promotes clinical trial participation; one poster features a health care professional and the other features a group of patients. 3/2009 Order Limit: 10</p>	K003
<p>Ask Me About Clinical Trials, Poster, African American Promotes clinical trial participation; features an African American health care professional. 7/2009 Order Limit: 10</p>	Z214
<p>Standard Terms of Agreement for Research Trial (START) Clauses: Streamlining Clinical Trial Contract Negotiations http://www.cancer.gov/about-nci/organization/ccct/other-programs/StartClauses_Brochure.pdf Lists the standardized contract language for clinical trials negotiations, which expedites the process of approval for clinical trials. 4/2009 Order Limit: 20</p>	P202
<p>Standard Terms of Agreement for Research Trial (START) Clauses: Streamlining Clinical Trial Contract Negotiations, CD Contains documents related to the START clauses, such as a fact sheet, brochure, and contract documents. 2010 Order Limit: 30</p>	Q029

COPING WITH CANCER

Title/Description	Inventory Number
When Your Brother or Sister Has Cancer: A Guide for Teens http://www.cancer.gov/publications/patient-education/When-Your-Sibling-Has-Cancer.pdf Provides information about cancer treatments, ways teens can talk to family and friends, how to connect with other teens, and where to find other resources for information and support. Features a glossary of cancer terms and appendices explaining monitoring tests and members of the cancer team. 11/2013 Order Limit: 100	P222
You Can Manage Radiation Therapy Side Effects, CD http://www.cancer.gov/cancertopics/coping/physicaleffects/audiofiles Assists new patients and patients with limited literacy skills in understanding radiation therapy treatment, coping with side effects, and talking with their providers. Each track is 2–3 minutes long, with tips to help manage side effects and feel better during treatment. Addresses skin problems, fatigue, hair loss, mouth or throat pain, nausea and vomiting, diarrhea, sexuality and fertility in men and women, urination problems, brachytherapy, and external beam radiation therapy. 8/2007 Order Limit: 50	Q020

MANAGING RADIATION THERAPY SIDE EFFECTS

Title/Description	Inventory Number
What To Do About Feeling Sick to Your Stomach and Throwing Up (Nausea and Vomiting): Managing Radiation Therapy Side Effects (single sheet) http://www.cancer.gov/publications/patient-education/radiation-side-effect-nausea.pdf Provides practical advice to people who are feeling sick to their stomach during radiation treatment. Suggests food and drink that may be easy on the stomach. Includes questions to ask a doctor or nurse. 2/2012	F037
What To Do About Mild Skin Changes: Managing Radiation Therapy Side Effects (single sheet) http://www.cancer.gov/publications/patient-education/radiation-side-effect-skin.pdf Provides practical advice to people who are experiencing mild skin changes during radiation treatment. Suggests ways to care for skin in the treatment area and lists products to review with a doctor or nurse before use. 4/2010	F041

MANAGING CHEMOTHERAPY SIDE EFFECTS

Title/Description	Inventory Number
Anemia: Managing Chemotherapy Side Effects (single sheet) http://www.cancer.gov/publications/patient-education/anemia.pdf Provides practical advice to people who are coping with anemia during chemotherapy. Suggests ways to manage anemia and lists symptoms that require immediate attention. Questions to ask a doctor or nurse are included. 2/2012	F062
Infection: Managing Chemotherapy Side Effects (single sheet) http://www.cancer.gov/publications/patient-education/infection.pdf Provides practical advice to help reduce the risk of infection during chemotherapy, lists symptoms that require an immediate call to a doctor or nurse, and includes questions to ask a doctor or nurse. 2/2012	F071
Memory Changes: Managing Chemotherapy Side Effects (single sheet) http://www.cancer.gov/publications/patient-education/memory.pdf Provides practical advice to people who are coping with memory changes during chemotherapy, lists symptoms that require a call to a doctor or nurse and includes questions to ask a doctor or nurse. 9/2009	F072

<p>Nausea and Vomiting: Managing Chemotherapy Side Effects (single sheet) http://www.cancer.gov/publications/patient-education/nausea.pdf Provides practical advice to people who are coping with nausea and vomiting during chemotherapy. Suggests food that may be easy on the stomach and includes questions to ask a doctor or nurse. 2/2012</p>	F074
<p>Nerve Changes: Managing Chemotherapy Side Effects (single sheet) http://www.cancer.gov/publications/patient-education/nerve.pdf Provides information to people who are coping with nerve changes during chemotherapy. Offers practical advice from others who have had chemotherapy and lists symptoms that require an immediate call to a doctor or nurse. Questions to ask a doctor or nurse are included. 9/2009</p>	F075
<p>Sexual and Fertility Changes in Women: Managing Chemotherapy Side Effects (single sheet) http://www.cancer.gov/publications/patient-education/womenfertility.pdf Addresses frequently asked questions from women who are concerned about changes in their sexuality and fertility during chemotherapy. Questions to ask a doctor or nurse are included. 4/2010</p>	F081
<p>Swelling (Fluid Retention): Managing Chemotherapy Side Effects (single sheet) http://www.cancer.gov/publications/patient-education/swelling.pdf Provides practical advice to help prevent swelling during chemotherapy. Lists symptoms that require a call to a doctor or nurse and includes questions to ask a doctor or nurse. 4/2010</p>	F078
<p>Urination Changes: Managing Chemotherapy Side Effects (single sheet) http://www.cancer.gov/publications/patient-education/urination.pdf Provides practical advice to people who are coping with urinary changes during chemotherapy. Lists symptoms that require a call to a doctor or nurse and includes questions to ask a doctor or nurse. 4/2010 Order Limit: 25</p>	F080

RISK FACTORS/CAUSES

Title/Description	Inventory Number
<p>Anyone Can Get Skin Cancer http://www.cancer.gov/types/skin/anyone-can-get-skin-cancer Raises awareness that people with darker skin can develop skin cancer. Highlights risk factors, prevention methods, and clues for early detection. 3/2011 Order Limit: 50</p>	P237
<p>President's Cancer Panel 2008-2009 Annual Report: Reducing Environmental Cancer Risk: What We Can Do Now http://deainfo.nci.nih.gov/advisory/pcp/annualReports/pcp08-09rpt/PCP_Report_08-09_508.pdf Examines the impact of environmental factors on cancer risk, including industrial, occupational, and agricultural exposures, as well as exposures related to medical practice, military activities, modern lifestyles, and natural sources. Identifies key regulatory, political, industrial, and cultural barriers to reducing carcinogenic exposures and presents the panel's recommendations to mitigate or eliminate these barriers. 4/2010 Order Limit: 5</p>	P227

SURVIVORSHIP

Title/Description	Inventory Number
Facing Forward: Making a Difference in Cancer http://www.cancer.gov/publications/patient-education/facing-forward.pdf Reviews the potential benefits of becoming involved in cancer-related activities, such as helping with outreach and education, fundraising, or raising awareness about research or public health issues. Designed for anyone who has been diagnosed with cancer or affected by it in some way. 9/2010 Order Limit: 100	P012

SMOKING/TOBACCO

Title/Description	Inventory Number
Spit Tobacco: A Guide for Quitting Includes reasons to quit, addresses myths about smokeless tobacco, and helps readers develop a plan for quitting. For young men who have decided to quit using smokeless tobacco or who are thinking about quitting. The online and print versions of this publication provide similar information. They look different because the design and title have been updated, but not yet printed. 9/2006 Order Limit: 1000	P121

TOBACCO CONTROL MONOGRAPH SERIES

Title/Description	Inventory Number
ASSIST: Shaping the Future of Tobacco Prevention and Control. NCI Tobacco Control Monograph 16 http://cancercontrol.cancer.gov/brp/tcrb/monographs/16/index.html Documents the scientific rationale, organizational model, intervention approaches, and long-term planning components that were part of the American Stop Smoking Intervention Study (ASSIST). 5/2005 Order Limit: 50	T018
Evaluating ASSIST: A Blueprint for Understanding State-Level Tobacco Control. NCI Tobacco Control Monograph 17 http://cancercontrol.cancer.gov/brp/tcrb/monographs/17/index.html Describes the evaluation of the National Cancer Institute's American Stop Smoking Intervention Study (ASSIST), documents the program's effectiveness, and provides validation that comprehensive interventions can change the social environment of tobacco use and subsequently result in decreased tobacco use. 10/2006 Order Limit: 50	M002
Greater Than the Sum, Systems Thinking in Tobacco Control. NCI Tobacco Control Monograph 18 http://cancercontrol.cancer.gov/brp/tcrb/monographs/18/index.html Describes key lessons from the first 2 years of the Initiative on the Study and Implementation of Systems, one of the first major coordinated efforts to explore the application of systems thinking approaches and methodologies to public health. 4/2007 Order Limit: 50	T071
Greater Than the Sum, Systems Thinking in Tobacco Control. NCI Tobacco Control Monograph 18, Executive Summary http://cancercontrol.cancer.gov/brp/tcrb/monographs/18/exec_summary.pdf Describes key lessons from the first 2 years of the Initiative on the Study and Implementation of Systems, one of the first major coordinated efforts to explore the application of systems thinking approaches and methodologies to public health. 4/2007 Order Limit: 50	T056

- Phenotypes and Endophenotypes: Foundations for Genetic Studies of Nicotine Use and Dependence. NCI Tobacco Control Monograph 20** T140
<http://cancercontrol.cancer.gov/brp/tcrb/monographs/20/index.html>
 Reviews the scientific foundation for genetic studies of nicotine use and dependence. Analyzes the growing body of research findings to develop a scientific plan for incorporating genetic research into cross disciplinary studies of nicotine dependence, and provides innovative new concepts and methodologies for behavioral genetics. 8/2009
 Order Limit: 50
- The Role of the Media in Promoting and Reducing Tobacco Use. NCI Tobacco Control Monograph 19** M003
<http://cancercontrol.cancer.gov/brp/tcrb/monographs/19/index.html>
 Provides a critical, scientific review and synthesis of current evidence regarding the power of the media both to encourage and discourage tobacco use. Includes research from the disciplines of marketing, psychology, communications, statistics, epidemiology, and public health, all of which are vital to understanding how exposure to the media influences tobacco uses. 6/2008
 Order Limit: 50
- The Role of the Media in Promoting and Reducing Tobacco Use. NCI Tobacco Control Monograph 19, Executive Summary** M004
<http://cancercontrol.cancer.gov/brp/tcrb/monographs/19/docs/M19ExecutiveSummary.pdf>
 Provides an overview of the monograph, which examines the evidence regarding the power of the media both to encourage and discourage tobacco use. 6/2008
 Order Limit: 50
- Those Who Continue To Smoke: Is Achieving Abstinence Harder and Do We Need To Change Our Interventions? NCI Tobacco Control Monograph 15** M250
<http://cancercontrol.cancer.gov/brp/tcrb/monographs/15/index.html>
 Describes various approaches that will be necessary to help more smokers quit. 4/2003
 Order Limit: 50

STATISTICS

SURVEILLANCE, EPIDEMIOLOGY AND END RESULTS (SEER)

Title/Description	Inventory Number
Area Socioeconomic Variations in U.S. Cancer Incidence, Mortality, Stage, Treatment, and Survival: 1975–1999. NCI Cancer Surveillance Monograph Series, No. 4 http://seer.cancer.gov/archive/publications/ses/ Analyzes socioeconomic patterns in cancer incidence and outcomes in the United States. Furthers understanding of the relationship of socioeconomic status to the overall cancer burden as well as the magnitude and causes of current social inequalities in cancer. 8/2004 Order Limit: 1	T823
Cancer Incidence and Survival Among Children and Adolescents: United States SEER Program 1975–1995. SEER Report http://seer.cancer.gov/archive/publications/childhood/ Serves as a compendium of statistical trends and risk factors associated with childhood cancers. Aids researchers in the search for answers about these rare cancers. 9/1999 Order Limit: 1000	T506
Cancer Survival Among Adults: U.S. SEER Program, 1988-2001, Patient and Tumor Characteristics. SEER Survival Monograph http://seer.cancer.gov/archive/publications/survival/index.html Examines cancer survival by patient and tumor characteristics for cancers diagnosed during the period 1988–2001. Focuses on cancer survival in adults ages 20 years and older, with the exception of acute lymphoblastic leukemia (all ages), placenta (ages 15+), and Hodgkin lymphoma (ages 15+). 8/2007 Order Limit: 3	T098

Methods for Measuring Cancer Disparities: A Review Using Data Relevant to Healthy People 2010 Cancer-Related Objectives. NCI Cancer Surveillance Monograph Series No. 6

T074

<http://seer.cancer.gov/archive/publications/disparities/>

Raises some conceptual issues and reviews different methodological approaches germane to measuring progress toward the goal of eliminating cancer-related health disparities. Highlights major issues that may affect the choice of disparity measure and systematically reviews measures of health disparity. Provides a basis for selecting a "suite of indicators" to measure disparities in screening, risk factors, and other cancer-related health objectives. 9/2010

Order Limit: 3

New Malignancies Among Cancer Survivors: SEER Cancer Registries 1973–2000. SEER Monograph

T070

<http://seer.cancer.gov/archive/publications/mpmono/>

Reports on the risk of new malignancies in a large population of more than 2 million cancer survivors, utilizing data from the National Cancer Institute's Surveillance, Epidemiology and End Results (SEER) Program from 1973 to 2000. Systematically examines the risks of subsequent cancers for more than 50 adult and 18 childhood tumors, with data presented by gender, age at diagnosis of the initial cancer, and time since diagnosis, as well as the initial treatment and histologic type of certain cancers. 9/2006

Order Limit: 20

Prostate Cancer Trends 1973–1995, SEER Program, National Cancer Institute

T474

<http://seer.cancer.gov/archive/publications/prostate/>

Provides detailed information on the demographic and clinical features of prostate cancer in the United States. 9/1999

Order Limit: 1000

SEER Coding Manual: Definitions of Single and Subsequent Primaries for Hematologic Malignancies, Table

T878

Aids the registrar in determining single versus subsequent primaries. 2/2001

Order Limit: 1000

SEER Instructional Manuals for Tumor Registrars, CD-ROM

Q004

<http://seer.cancer.gov/training/manuals/>

Includes instructional manuals in PDF format and allows users to search content; take notes; and, where applicable, take tests. Publications on this CD-ROM include a User Guide, SEER Books 1–5 and 7–8, and SEER Summary Staging Manuals (original and 2000 version). 11/2011

Order Limit: 1

COMPLEMENTARY AND ALTERNATIVE MEDICINE

Title/Description	Inventory Number
Thinking About Complementary and Alternative Medicine: A Guide For People With Cancer http://www.cancer.gov/publications/patient-education/367NCINewV2.pdf Describes how to make informed choices when looking for complementary and alternative medicine (CAM). Provides an overview and examples of the six domains of CAM. 4/2005 Order Limit: 1000	P042

EDUCATION/TRAINING

Title/Description	Inventory Number
EPEC™-O (Education in Palliative and End-of-Life Care for Oncology), Self-Study Modules and Materials for Trainers, CD-ROM and DVD http://www.cancer.gov/resources-for/hp/education/epeco Includes a comprehensive curriculum in palliative and end-of-life care in multimedia format developed specifically for clinicians caring for persons with cancer and for teachers of these clinicians. Contains plenary sessions, content modules, and teaching skills modules with accompanying video vignettes and materials for trainers. 1/2006 Order Limit: 20	Q014

RESEARCH

Title/Description	Inventory Number
Providing Your Tissue for Research: What You Need To Know http://www.cancer.gov/publications/patient-education/providing-tissue.pdf Provides a balanced discussion of why people do research with tissue and how tissue specimens are collected and used in research. Also addresses the issues of privacy and risk. 2/2011 Order Limit: 1000	P067

RESOURCES/REFERRALS

Title/Description	Inventory Number
How Can We Help?, National Cancer Institute Points of Access Bookmark/¿En qué podemos ayudarle?: Marcador de libros de las vías de acceso a la información del Instituto Nacional del Cáncer https://pubs.cancer.gov/ncibookmark.pdf Identifies National Cancer Institute points of access in English on one side and Spanish on the other side of this bookmark. 5/2009 Order Limit: 50	Z207

MATERIALS IN OTHER LANGUAGES

SPANISH

TRATAMIENTO (TREATMENT)

Title/Description	Inventory Number
Información para pacientes que reciben radioterapia: La radioterapia externa, hoja singular (Understanding Radiation Therapy: What To Know About External Beam Radiation Therapy, single sheet) http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/radioterapia-externa.pdf Provee información sobre la radioterapia externa, incluye una vista general breve de procedimientos para antes y durante el tratamiento. (Provides information about external beam radiation, including a brief overview of procedures before and during treatment.) 9/2007 Order Limit: 25	F046
Información para pacientes que reciben radioterapia: La braquiterapia (un tipo de radioterapia interna), hoja singular (Understanding Radiation Therapy: What To Know About Brachytherapy (A Type of Internal Radiation Therapy), single sheet) http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/braquiterapia.pdf Provee información sobre la braquiterapia, e incluye una vista general breve de procedimientos para antes y durante el tratamiento. (Provides information about brachytherapy, including a brief overview of procedures before and during treatment.) 9/2007 Order Limit: 25	F048
Información sobre la quimioterapia (Understanding Chemotherapy) http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/quimioterapia.pdf Provee información en quimioterapia para las personas con cáncer. Incluye preguntas para hacerlas a un doctor o enfermera acerca del tratamiento de quimioterapia y le proporciona un espacio para poner sus respuestas. Incluye información sobre los tratamientos clínicos. (Provides information on chemotherapy for people with cancer. Includes questions to ask a doctor or nurse about your chemotherapy treatment and provides space to record answers. Includes information on clinical trials.) 8/2010 Order Limit: 100	P286
La quimioterapia y usted: Apoyo para las personas con cáncer (Chemotherapy and You: Support for People with Cancer) http://www.cancer.gov/espanol/cancer/quimioterapia-y-usted.pdf Publicación para personas que van a recibir o que ya están recibiendo quimioterapia contra el cáncer. Contiene información sobre la quimioterapia y sus efectos secundarios y describe cómo puede cuidarse durante y después del tratamiento. (Publication for people receiving chemotherapy. Contains information about chemotherapy and its side effects, and how patients can take care of themselves during and after treatment.) 8/2007 Order Limit: 100	P811

La radioterapia y usted: Apoyo para las personas con cáncer (Radiation Therapy and You: Support for People with Cancer)

P802

<http://www.cancer.gov/espanol/cancer/radioterapia-y-usted.pdf>

Este folleto es una traducción al español de "Radiation Therapy and You". Aborda inquietudes de los pacientes que reciben formas de radioterapia. Se hace énfasis en la explicación y la autoayuda. (Addresses concerns of patients receiving radiation therapy. Emphasis on explanation and self-help.) 9/2007

ESTUDIOS CLÍNICOS (CLINICAL TRIALS)

Title/Description	Inventory Number
Pregúntame de Estudios Clínicos, Cartel (Ask Me About Clinical Trials, Poster) Un par de carteles diferentes para promover los estudios clínicos. Uno muestra a un profesional de salud y el otro a un grupo de pacientes. (A set of two different posters promoting clinical trial participation. One features a health care professional and the other features a group of patients.) 7/2009 Order Limit: 100	K004
Si piensa que no hay forma de prevenir el cáncer...Conozca los estudios clínicos (If You Want To Find Ways To Prevent Cancer...Learn About Prevention Clinical Trials) http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/ctes-prevbrochspanishapp11.pdf Este folleto está dirigido a personas que consideran participar en un estudio clínico de prevención. El folleto, de fácil lectura, presenta fotografías de personas de razas distintas. Diseñado para ser utilizado con un profesional de la salud. (This booklet explains the basics for cancer prevention trials. Also available on the Cancer Clinical Trials Education Series (CTES) CD.) 5/2004 Order Limit: 200	P162
Si tiene cáncer...Lo que debería saber sobre estudios clínicos (If You Have Cancer... What You Should Know About Clinical Trials) http://www.cancer.gov/espanol/cancer/tratamiento/estudios-clinicos/lo-que-deberia-saber-sobre-los-estudios-clinicos.pdf Este folleto está dirigido a pacientes que consideran participar en un estudio clínico. El folleto, de fácil lectura, presenta fotografías de personas de raza afroamericana y de personas hispanas. Diseñado para ser utilizado con un profesional de la salud. (This booklet features photos of African American and Hispanic people. To be used with a health care professional. For patients considering participation in a clinical trial. Also available on the Cancer Clinical Trials Education Series (CTES) CD.) 10/2001 Order Limit: 200	P976

SUPERAR EL CÁNCER (COPING WITH CANCER)

Title/Description	Inventory Number
Cómo cuidarse mientras usted cuida a su ser querido: Apoyo para personas que cuidan a un ser querido con cáncer (Caring for the Caregiver: Support for Cancer Caregivers) http://www.cancer.gov/espanol/cancer/sobrellevar/familia-y-amigos/caregiver-spanish-Jan2014.pdf Información práctica y de apoyo para ayudar a las personas responsables del cuidado de un ser querido con cáncer. Esta publicación ofrece formas de superar y de manejar esta experiencia y está adaptada para audiencias hispanas y latinas. (Covers topics regarding getting help for yourself, communication, going to the doctor, and emotional support. Culturally adapted for Latino audiences.) La versión electrónica de esta publicación fue actualizada recientemente. La versión electrónica y la impresa tienen información similar. 1/2014 Order Limit: 1000	P152
Consejos para los efectos de la quimioterapia: Anemia, hoja singular (Managing Chemotherapy Side Effects: Anemia, single sheet) http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/anemia.pdf Provee consejos prácticos para las personas que padecen de anemia durante la quimioterapia. Contiene sugerencias sobre cómo lidiar con la anemia y enumera síntomas que requieren atención inmediata. Incluye preguntas para su médico o enfermera. (Provides practical advice to people who are coping with anemia during chemotherapy. Suggests ways to manage anemia and lists symptoms that require immediate attention. Questions to ask a doctor or nurse are included.) 12/2011 Order Limit: 25	F169

- Consejos para los efectos de la quimioterapia: Boca y garganta, hoja singular (Managing Chemotherapy Side Effects: Mouth and Throat Changes, single sheet)** F179
http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/sp-chemosheets_boca.pdf
Provee consejos prácticos para las personas que están lidiando con cambios en la boca o en la garganta durante la quimioterapia. Enumera síntomas que requieren que se comuniquen con su médico o enfermera e incluye preguntas para su médico o enfermera. (Provides practical advice to people who are coping with mouth or throat changes during chemotherapy. Lists symptoms that require a call to a doctor or nurse and includes questions to ask a doctor or nurse.) 12/2011
Order Limit: 25
- Consejos para los efectos de la quimioterapia: Cambios en la necesidad de orinar, hoja singular (Managing Chemotherapy Side Effects: Urination Changes, single sheet)** F187
http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/sp-chemosheets_cambios_orinar.pdf
Provee consejos prácticos para las personas que están lidiando con cambios en la orine o en la necesidad de orinar durante la quimioterapia. Enumera síntomas que requieren que se comuniquen con su médico o enfermera e incluye preguntas para hacerle a su médico o enfermera. (Provides practical advice to people who are coping with urinary changes during chemotherapy. Lists symptoms that require a call to a doctor or nurse and includes questions to ask a doctor or nurse.) 8/2010
Order Limit: 25
- Consejos para los efectos de la quimioterapia: Cambios en la sexualidad y en la fertilidad de las mujeres, hoja singular (Managing Chemotherapy Side Effects: Sexual and Fertility Changes in Women, single sheet)** F184
http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/sp-chemosheets_cambios_sexualidad_mujeres.pdf
Provee respuestas a las preguntas más comunes sobre cambios en la sexualidad y la fecundidad de las mujeres durante la quimioterapia. También incluye preguntas para su médico o enfermera. (Addresses frequently asked questions from women who are concerned about changes in their sexuality and fertility during chemotherapy. Questions to ask a doctor or nurse are included.) 12/2011
Order Limit: 25
- Consejos para los efectos de la quimioterapia: Cambios en la sexualidad y en la fertilidad de los hombres, hoja singular (Managing Chemotherapy Side Effects: Sexuality and Fertility Changes in Men, single sheet)** F183
http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/sp-chemosheets_cambios_sexualidad_hombres.pdf
Provee respuestas a las preguntas más comunes sobre cambios en la sexualidad y la fecundidad de los hombres durante la quimioterapia. También incluye preguntas para su médico o enfermera. (Addresses frequently asked questions from men who are concerned about changes in their sexuality and fertility during chemotherapy. Questions to ask a doctor or nurse are included.) 12/2011
Order Limit: 25
- Consejos para los efectos de la quimioterapia: Cambios en los nervios, hoja singular (Managing Chemotherapy Side Effects: Nerve Changes, single sheet)** F181
http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/sp-chemosheets_cambios_nervios.pdf
Provee información para las personas que están lidiando con cambios neurológicos durante la quimioterapia. Provee consejos prácticos de otras personas que han recibido quimioterapia y enumera síntomas que requieren atención inmediata. También incluye preguntas para hacerle a un médico o una enfermera. (Provides information to people who are coping with nerve changes during chemotherapy. Offers practical advice from others who have had chemotherapy and lists symptoms that require an immediate call to a doctor or nurse. Questions to ask a doctor or nurse are included.) 8/2010
Order Limit: 25
- Consejos para los efectos de la quimioterapia: Falta de apetito, hoja singular (Managing Chemotherapy Side Effects: Appetite Changes, single sheet)** F170
http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/sp-chemosheets_falta_apetito.pdf
Provee consejos prácticos para las personas que están lidiando con cambios en su apetito durante la quimioterapia. Contiene sugerencias sobre alimentos y bebidas altas en calorías y proteínas e incluye preguntas para su médico o enfermera. (Provides practical advice to people who are coping with appetite changes during chemotherapy. Suggests foods and drinks that are high in calories and protein and includes questions to ask a doctor or nurse.) 12/2011
Order Limit: 25

- Consejos para los efectos de la quimioterapia: Hinchazón y retención de líquidos, hoja singular (Managing Chemotherapy Side Effects: Swelling (Fluid Retention), single sheet)** F186
http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/sp-chemosheets_hinchazon.pdf
Provee consejos prácticos para prevenir la retención de líquidos durante la quimioterapia. Enumera síntomas que requieren que se comuniquen con su médico o enfermera e incluye preguntas para su médico o enfermera. (Provides practical advice to help prevent swelling during chemotherapy. Lists symptoms that require a call to a doctor or nurse and includes questions to ask a doctor or nurse.) 8/2010
Order Limit: 25
- Consejos para los efectos de la quimioterapia: Infecciones, hoja singular (Managing Chemotherapy Side Effects: Infection, single sheet)** F176
http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/sp-chemosheets_infecciones.pdf
Provee consejos prácticos para disminuir el riesgo de una infección durante la quimioterapia. Enumera síntomas que requieren atención inmediata e incluye preguntas para su médico o enfermera. (Provides practical advice to help reduce the risk of infection during chemotherapy. Lists symptoms that require an immediate call to a doctor or nurse and includes questions to ask a doctor or nurse.) 12/2011
Order Limit: 25
- Consejos para los efectos de la quimioterapia: La piel y las uñas, hoja singular (Managing Chemotherapy Side Effects: Skin and Nail Changes, single sheet)** F185
http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/sp-chemosheets_piel.pdf
Provee consejos prácticos para las personas que están lidiando con leves cambios en la piel y en las uñas durante la quimioterapia. Enumera cambios en la piel y en las uñas que requieren que se comuniquen con su médico o enfermera e incluye preguntas para su médico o enfermera. (Provides practical advice to people who are coping with minor skin and nail changes during chemotherapy. Lists skin and nail changes that require a call to a doctor or nurse and includes questions to ask a doctor or nurse.) 12/2011
Order Limit: 25
- Consejos para los efectos de la quimioterapia: Náuseas y vómitos, hoja singular (Managing Chemotherapy Side Effects: Nausea and Vomiting, single sheet)** F180
http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/sp-chemosheets_nauseas.pdf
Provee consejos prácticos para las personas que están lidiando con náusea y vómitos durante la quimioterapia. Contiene sugerencias sobre alimentos que son fáciles de digerir e incluye preguntas para su médico o enfermera. (Provides practical advice to people who are coping with nausea and vomiting during chemotherapy. Suggests food that may be easy on the stomach and includes questions to ask a doctor or nurse.) 12/2011
Order Limit: 25
- Consejos para los efectos de la quimioterapia: Si tiene diarrea, hoja singular (Managing Chemotherapy Side Effects: Diarrhea, single sheet)** F173
http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/sp-chemosheets_tiene_diarrea.pdf
Provee consejos prácticos para las personas que presentan diarrea durante la quimioterapia. Contiene sugerencias sobre alimentos y bebidas que podrían ayudar al paciente sentirse mejor y enumera síntomas que requieren que se comuniquen con su médico o enfermera. También incluye preguntas para su médico o enfermera. (Provides practical advice to people who are coping with diarrhea during chemotherapy. Suggests food and drink that may help a patient feel better and lists symptoms that require a call to a doctor or nurse. Questions to ask a doctor or nurse are included.) 12/2011
Order Limit: 25
- Consejos para los efectos de la quimioterapia: Si tiene dolor, hoja singular (Managing Chemotherapy Side Effects: Pain, single sheet)** F182
http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/sp-chemosheets_tiene_dolor.pdf
Provee consejos prácticos para las personas que presentan dolor durante la quimioterapia. Enumera síntomas que requieren que se comuniquen con su médico o enfermera. (Provides practical advice to people who are coping with pain during chemotherapy. Lists symptoms that require a call to a doctor or nurse.) 12/2011
Order Limit: 25
- Consejos para los efectos de la quimioterapia: Si tiene estreñimiento, hoja singular (Managing Chemotherapy Side Effects: Constipation, single sheet)** F172
http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/sp-chemosheets_tiene_estreñimiento.pdf
Provee consejos prácticos para prevenir el estreñimiento durante la quimioterapia. Contiene sugerencias sobre alimentos que podrían ayudar e incluye preguntas para su médico o enfermera. (Provides practical advice to help prevent constipation during chemotherapy. Suggests foods that may help and includes questions to ask a doctor or nurse.) 12/2011
Order Limit: 25

Consejos para los efectos de la quimioterapia: Si tiene sangrado, hoja singular (Managing Chemotherapy Side Effects: Bleeding Problems, single sheet)

http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/sp-chemosheets_tiene_sangrado.pdf

Provee consejos prácticos para prevenir hemorragias durante la quimioterapia. Enumera cambios que requieren que se comuniquen con su médico o enfermera e incluye preguntas para su médico o enfermera. (Provides practical advice to help prevent bleeding problems during chemotherapy. Lists changes that require a call to a doctor or nurse and includes questions to ask a doctor or nurse.) 12/2011

Order Limit: 25

F171

Control del dolor: Apoyo para las personas con cáncer (Pain Control: Support for People With Cancer)

<http://www.cancer.gov/espanol/cancer/control-dolor.pdf>

Es una adaptación cultural del folleto en inglés "Pain Control". Es un folleto amplio y comprensivo dirigido a pacientes de habla hispana que tienen cáncer, habla acerca del control del dolor y los métodos de medicamentos así como el desarrollo físico y emocional por los efectos del dolor. (A cultural adaptation of the English booklet, Pain Control. It is a comprehensive booklet for Spanish-speaking cancer patients that addresses pain control medicines and methods, as well as the physical and emotional effects of pain.)

9/2008

Order Limit: 1000

P821

Información para pacientes que reciben radioterapia: Consejos para cuando le duelan la boca o la garganta, hoja singular (Managing Radiation Therapy Side Effects: What To Do When Your Mouth or Throat Hurts, single sheet)

<http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/boca-garganta.pdf>

Provee consejos prácticos para las personas que están lidiando con dolor en la boca o garganta durante el tratamiento de radiación. Incluye ideas para comer más cómodamente y como controlar el dolor y el ardor de la garganta. Incluye preguntas para su médico o enfermera. (Provides practical advice to people who are coping with mouth or throat pain during radiation treatment. Includes tips to make eating more comfortable and to cope with pain and burning in the throat. Includes questions to ask a doctor or nurse.)

9/2007

Order Limit: 25

F053

Información para pacientes que reciben radioterapia: Consejos para cuando sienta debilidad o cansancio (fatiga), hoja singular (Managing Radiation Therapy Side Effects: What To Do When You Feel Weak or Tired (Fatigue), single sheet)

<http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/fatiga.pdf>

Provee consejos prácticos para las personas que están lidiando con cansancio durante el tratamiento de radiación. Incluye preguntas para un médico o una enfermera. (Provides practical advice to people who are coping with fatigue during radiation treatment. Includes questions to ask a doctor or nurse.)

9/2007

Order Limit: 25

F047

Información para pacientes que reciben radioterapia: Consejos para cuando tenga diarrea, hoja singular (Managing Radiation Therapy Side Effects: What To Do When You Have Loose Stools (Diarrhea), single sheet)

<http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/diarrea.pdf>

Provee consejos prácticos para las personas que padecen de diarrea durante el tratamiento de radiación. Enumera comidas y bebidas que son fáciles de digerir e incluye preguntas para su médico o enfermera. (Provides practical advice to people who are coping with diarrhea during radiation treatment. Lists food and drink that are easy on the stomach and includes questions to ask a doctor or nurse.)

9/2007

Order Limit: 25

F045

Información para pacientes que reciben radioterapia: Consejos para cuando tenga náuseas y vómitos, hoja singular (Managing Radiation Therapy Side Effects: What To Do About Feeling Sick to Your Stomach and Throwing Up, single sheet)

<http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/nauseas-vomitos.pdf>

Provee consejos prácticos para las personas que se sienten mal del estómago durante el tratamiento de radiación. Contiene sugerencias sobre alimentos y bebidas que son fáciles de digerir. Incluye preguntas para su médico o enfermera. (Provides practical advice to people who are feeling sick to their stomach during radiation treatment. Suggests food and drink that may be easy on the stomach. Includes questions to ask a doctor or nurse.)

9/2007

Order Limit: 25

F051

Información para pacientes que reciben radioterapia: Consejos para hombres sobre cambios sexuales y de fertilidad, hoja singular (Managing Radiation Therapy Side Effects: What Men Can Do About Changes in Sexuality and Fertility, single sheet)

F050

<http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/hombre-fertilidad.pdf>

Provee respuestas a las preguntas más frecuentes hechas por los hombres que están preocupados por los cambios en su sexualidad y fecundidad durante el tratamiento de radiación. Incluye preguntas para su médico o enfermera. (Addresses frequently asked questions from men who are concerned about changes in their sexuality and fertility during radiation treatment. Includes questions to ask a doctor or nurse.) 9/2007
Order Limit: 25

Información para pacientes que reciben radioterapia: Consejos para mujeres sobre cambios sexuales y de fertilidad, hoja singular (Managing Radiation Therapy Side Effects: What Women Can Do About Changes in Sexuality and Fertility, single sheet)

F055

<http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/mujer-fertilidad.pdf>

Provee respuestas a las preguntas más frecuentes hechas por mujeres que están preocupadas por los cambios en su sexualidad y fecundidad durante el tratamiento de radiación. Incluye preguntas para su médico o enfermera. (Addresses frequently asked questions from women who are concerned about changes in their sexuality and fertility during radiation treatment. Includes questions to ask a doctor or nurse.) 9/2007
Order Limit: 25

Información para pacientes que reciben radioterapia: Consejos sobre cambios leves en la piel, hoja singular (Managing Radiation Therapy Side Effects: What To Do About Mild Skin Changes, single sheet)

F052

<http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/piel.pdf>

Provee consejos prácticos para las personas que están padeciendo cambios leves de la piel durante el tratamiento de radiación. Sugiere maneras de cómo cuidar la superficie de la piel tratada y enumera productos para consultarlos con un médico o una enfermera antes de usarlos. (Provides practical advice to people who are experiencing mild skin changes during radiation treatment. Suggests ways to care for skin in the treatment area and lists products to review with a doctor or nurse before use.) 9/2007
Order Limit: 25

Información para pacientes que reciben radioterapia: Consejos sobre la pérdida del pelo (alopecia), hoja singular (Managing Radiation Therapy Side Effects: What To Do About Hair Loss (Alopecia), single sheet)

F044

<http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/perdida-pelo.pdf>

Provee consejos prácticos para las personas que padecen de la pérdida del cabello durante el tratamiento de radiación. Comparte experiencias de otras personas que han lidiado con la pérdida del cabello e incluye recursos para más información y apoyo. (Provides practical advice to people who are experiencing hair loss during radiation treatment. Shares the experiences of others who have coped with hair loss and includes resources for more information and support.) 9/2007
Order Limit: 25

Información para pacientes que reciben radioterapia: Consejos sobre los cambios al orinar, hoja singular (Managing Radiation Therapy Side Effects: What To Do About Changes When You Urinate, single sheet)

F054

<http://www.cancer.gov/espanol/publicaciones/educacion-para-pacientes/orinar.pdf>

Provee consejos prácticos para las personas que presentan cambios urinarios o en la necesidad de orinar durante el tratamiento de radiación y enumera síntomas que requieren que se comuniquen con su médico o enfermera. Incluye preguntas para su médico o enfermera. (Provides practical advice to people who are coping with urinary changes during radiation treatment and lists symptoms that require a call to a doctor or nurse. Includes questions to ask a doctor or nurse.) 9/2007
Order Limit: 25

FACTORES DE RIESGO, CAUSAS (RISK FACTORS/CAUSES)

Title/Description	Inventory Number
<p>Cualquier persona puede padecer cáncer de piel (Anyone Can Get Skin Cancer) http://www.cancer.gov/espanol/tipos/piel/cualquiera-padecer-cancer-piel Diseñado para crear conciencia de que personas de piel más oscura pueden desarrollar cáncer de piel. Destaca los factores de riesgo, los métodos de prevención y los indicios para la detección temprana. (Designed to raise awareness that people with darker skin can develop skin cancer. Highlights risk factors, prevention methods, and clues for early detection.) 3/2011 Order Limit: 30</p>	P238

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